NOVEMBER 2023

ISSUE NO.2 MCPHERSON AND MARION COUNTY EARLY CHILDHOOD

Preparing for Sharing

Game 114 From Teaching Strategies

Create an opportunity for sharing by offering toys such as puppets and wagons to your child and his/her siblings.

You will encourage the sharing by giving the children toys that work best when shared and encouraging their efforts to play together.

Why this is important

By arranging a play space that makes sharing and cooperation more likely, you encourage your children to practice sharing materials and equipment with other children. Explaining when to take turns, work together, or trade helps your child learn to value sharing. This game helps your child get ready for more complex tasks that are accomplished through a group effort.

What you do

- Look for opportunities to create sharing moments between your child and others.
- Arrange a special play corner indoors where children can play together. Start with two children and invite more as your child feels comfortable sharing.
- Offer a few duplicate toys so that not all toys need to be shared. Include puppets or blocks that encourage interaction between children.
- Outside try to offer a wagon. One child can pull while the other rides.
- Notice any cooperation and respond positively. Edwina, you hopped right out of the wagon and gave Joni a turn before she even said she was tired of pulling. You are sharing the wagon!

Another idea

Use an egg timer, portable oven timer, or your phone with a bell if the children need help knowing when to trade toys. Explain the timer to the children. *Everyone gets a turn to play with the truck. Let's set the timer. When the bell rings. It's time to trade.*





Policy Council Updates



Meeting materials from the October 2nd meeting can be accessed by clicking on the following link <u>10/2/23</u>. At the meeting the Policy Council approved consent agenda items (Directors Report, Purchasing Card Statement, Minutes of July Meeting). For new business the Policy Council took part in Governance Training. The Policy Council is required to go through Governance Training on an annual basis. Policy Council members were trained on the purpose of governance, service area of our program, how our program determines, verifies, and documents eligibility, funding sources, organization of Head Start and Leadership responsibilities.

Also on the agenda was for the Policy Council to review and take action on by-laws and to discuss our grant application. We were not able to discuss these items at our October meeting. These items will be on the agenda for our November 6th meeting.

Policy Council meetings are open to the public. Our next Policy Council meeting is November 6th from 5:30-6:30 at RES in the commons. If you are interested in attending we would love to see you there. All Policy Council materials can be accessed by clicking on the following link <u>Policy Council</u>.

Handbook Highlight: Drop Off and Pick Up Times

As a reminder Pick up and Drop off times in our handbook are as follows: HES AM/PM: 7:50/11:00 and 11:50/3:00 HES Full Day: 7:50/3:00 MES: 7:55/11:25 and 11:55/3:25 McPherson: 7:55/3:00 (unless students have a modified schedule) McPherson Early Release: 7:55/2:30



In McPherson some schools may choose to do a soft release at 2:45 (2:15 on Wednesdays) to allow for families to get to multiple buildings to pick up. If schools allow this please note 3:00 (2:30 on Wednesdays) is still the official pick up time. Families are allowed but not required to pick up students at 2:45.

If parents are late picking up (past the official pick up time), classroom staff will do the following:

- 1. Call the parents
- 2. If unable to contact parents, emergency contacts will be called
- 3. After 15 minutes, take student to the office (this is 15 minutes past the official pick up time HES AM/PM 11:15/3:15, HES Full Day 3:15, MES 11:40/3:40, McPherson 3:15)
- 4. If student is not picked up within 30 minutes of the end of their preschool session (HES AM/PM 11:30/3:30, HES Full Day 3:30, MES 11:55/3:55, McPherson 3:30), at the direction of the principal, police may be called to take the child into emergency custody





PARENT RESOURCES

CKF ADDICTION TREATMENT

Phone: 785-825-6224 https://ckfaddictiontreatment.org/

Locations in: Salina, Abilene, McPherson *All locations offer outpatient telehealth and inpatient treatment.

Their Mission

To continuously challenge our systems of care, so that addiction is treated, in all its forms, as a chronic disease.

Their Vision

A world where every individual suffering from addiction gets better through better access, better treatment, and better support and understanding.

CKF provides Residential Programs, Detoxification Programs, Individual Recovery Coaching, Recovery Planning, and Support Groups.

CKF is also not only for the adult, CKF offers classes for youth that are at risk or have already started using drugs and alcohol.

How Do I Handle Tattling?

"Jenny bit me! " Or "She pushed me!" Do these words sound familiar to you? Tattling can be so annoying and cause you to want to pull your hair out! Do you want some ways to help minimize the tattling and help teach your child how to use their big voice? Teaching children to use their big voice will help them be assertive when you aren't around and minimize the need to tell you every time something happens. Here are some tips from Dr. Becky Bailey's Conscious Discipline and what teachers use in the classroom to help minimize tattling.



When a child says	Say
3 year old: "She took the toy away from me!"	Parent: " Did you like it?" Child: "No!" Parent: Then let's practice saying in a Big Voice, "I don't like it when take my toy! Please stop!" Practice with the child and then go with the child and help him/her say the words and keep them safe(after a few times you will be able to have the child do it on their own)
4 or 5 Year old: "She took the toy away from me!"	Parent: "Did you like it" Child:"No!" Parent: Then let's practice saying in a Big Voice, "I don't like it when you take my toy! Please ask for my toy!" Practice with the child and then go with the child and help him/her say the words and keep them safe(after a few times you will be able to have the child do it on their own)
3 year old: "She called me stupid!"	Parent: "Did you like it" Child:"No!" Parent: Then let's practice saying in a Big Voice, "I don't like it when you call me stupid!" Then go with the child and say it to the person who called them stupid."
4 or 5 Year old: "She called me stupid"	Parent: "Did you like it" Child: "No!" Parent: What do you want her to call you?" Child: Jenny Parent" Then let's practice saying in a Big Voice, "I don't like it when you call me stupid! Please call me Jenny!" Then go with the child to tell the other child the words you practiced.

For more information you can go to <u>www.consciousdiscipline.com</u> or ask your family advocate, teacher or Early Childhood Social Worker, Rachel Boden (rachel.boden@mcpherson.com)

Around McPherson....



There are several blessing boxes located throughout McPherson that are typically stocked with much needed food items for families. Locations Include: 119 N Chestnut St 1455 N Main St - MPNaz Church 119 N Elm St - Trinity Lutheran Church 1161 E Ave A - First Mennonite Church

We also have the family pantry at Roosevelt Elementary that is available to our Early Childhood Families. If you have a family who is need of food or basic hygiene items please reach out to your schools Family Advocate and they can help ensure their needs get met.

WE NEED YOU.....

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Our Head Start program continues to have an opening for a floating instructional aide at Washington Elementary School. The position is for 7.5 hours five days a week. This position would involve supporting both our 3 year old classroom and 4 year old classroom. If interested in applying please click on the following link to apply <u>Pre-K Instructional Aide</u>. If you would like to know more about this position before applying please contact the Head Start Director, David Brock at 620-241-9590 or david.brock@mcpherson.com.

McPherson USD 418 also has a variety of positions open. If interested please click on the following link to view other employment opportunities <u>USD 418 Job Listings</u>.