

Policy Number: N 003	Title: Nutrition History & Assessment
Performance Standard: 1302.46 (b) (1) (ii) USD 418 BOE Policy:	Original Date: 8/2006 Review Date: 5/2020 AC
	Policy Council Approval/Revision: 12/2017, 5/2020 BOE Approval: 12/2017, 5/2020

POLICY:

Programs must collaborate with families to provide opportunities to discuss their child’s nutritional status with staff, including the importance of physical activity, healthy eating, and the negative health consequences of sugar-sweetened beverages, and how to select and prepare nutritious foods that meet the family’s nutrition and food budget needs.

PROCEDURE:

A nutrition assessment is completed on all children. The family advocate will fill out the assessment with the parent/guardian at the time of the initial home visit.

Nutrition assessments (done annually), along with growth assessment and hemoglobin and lead results, are then sent to the registered dietician. The dietician will then calculate and finalize the assessments. The assessments and nutrition information will be given to the Health/Nutrition Coordinator. The Health Coordinator will collect nutritional information to give to the families based on the nutrition assessment results. The family advocate will be trained on the nutrition information and then educate the families at the second home visit.

If a family is in need of more nutritional assistance or information, the dietician will be available to meet with families.