

<b>Policy Number:</b> MH 003	<b>Title:</b> Education & Consultation
<b>Performance Standard:</b> 1302.45 <b>USD 418 BOE Policy:</b>	<b>Effective Date:</b> 8/2015 Reviewed: 5/2020 JS
	<b>Policy Council Approval/Revision:</b> 9/2015, 6/2018, 5/2020 <b>BOE Approval:</b> 9/2015, 6/2018, 5/2020

**Policy:**

McPherson/Marion County Head Start (MMCHS) will provide opportunities for group and individual training, education and consultation for parents and staff on young children’s social-emotional development and child and family mental health issues. This includes, but not limited to, family and children’s mental health and wellness, typical and atypical social-emotional development, resiliency and social-emotional competence, violence prevention, positive guidance and discipline techniques, preventing discipline problems, understanding attachment and separation, stress management, and developing nurturing family environments.

**Procedure:**

1. On-site mental health consultation will be available on a regularly scheduled basis. (see Mental Health Classroom Observation).
2. Classroom staff can make an internal referral to the Disability/Mental Health (D/MH) Coordinator requesting assistance in addressing issues around a child’s social-emotional development or mental health concerns.
3. Staff can make an internal referral to the D/MH Coordinator requesting assistance in addressing mental health issues.
4. Mental health and wellness training will be available for staff and parents during the program year.
5. Information about mental health and wellness will be included in the agency newsletter.
6. The Mental Health Consultant or staff will be available to discuss family and child mental health concerns with a family when requested.