

<b>Policy Number:</b> MH 003	<b>Title:</b> Education & Consultation
<b>Performance Standard:</b> 1302.45 <b>USD 418 BOE Policy:</b>	<b>Effective Date:</b> 8/2015 Reviewed: 5/2020 JS Reviewed 9/2022 RB
	<b>Policy Council Approval/Revision:</b> 9/2015, 6/2018, 5/2020 04/2023 <b>BOE Approval:</b> 09/2015, 06/2018, 05/2020, 04/2023

**Policy:**

McPherson/Marion County Head Start (MMCHS) will provide opportunities for group and individual training, education and consultation for parents and staff on young children’s social-emotional development and child and family mental health issues. This includes, but not limited to, family and children’s mental health and wellness, typical and atypical social-emotional development, resiliency and social-emotional competence, violence prevention, positive guidance and discipline techniques, preventing discipline problems, understanding attachment and separation, stress management, and developing nurturing family environments.

**Procedure:**

1. On-site mental health consultation will be available on a regularly scheduled basis (see MH 001).
2. Classroom staff can make an internal referral to the requesting assistance in addressing issues around a child’s social-emotional development or mental health concerns.
3. Mental health and wellness training will be available for staff and parents during the program year.
4. Information about mental health and wellness will be included in the agency newsletter.
5. The Mental Health Provider will be available to discuss family and child mental health concerns with a family when requested.